

Pre-conference workshop:

How to recruit and engage participants in health research?

10 September 2024, 10:00-12:00

Nordic Conference on Future Health, Trondheim

There is no health research without research participants. Engaged participants not only provide biological samples and health data but also contribute to increase the quality and impact of the research. This workshop is to present and discuss innovative recruitment and engagement strategies to support health research in population studies and clinical research. Experiences from Nordic research groups, pros and cons of strategies, and practical aspects of recruitment and engagement, e.g., resource and time requirements, will be discussed.

Program

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| 10.00-10.10 | Welcome Isabelle Budin Ljøsne, Senior Researcher, Norwegian Institute of Public Health Siv Eli Vuolab, Senior Adviser, UiT The Arctic University of Norway |
| Part 1 | Recruitment and engagement of populations in health research |
| 10.10-10.20 | The HUNT5 data collection – strategy to enhance involvement Eivind Ness-Jensen, Associate Professor and Consultant in Gastroenterology and Internal Medicine and leader of the Nord-Trøndelag Health Study 5 (HUNT5), Norway |
| 10.20-10.30 | Young people’s involvement in health research: the MoBa ambassadors Ragnhild Eek Brandlistuen, Senior researcher and Academic Leader of the Norwegian Mother, Father and Child Cohort Study (MoBa), Norway |
| 10.30-10.40 | Can service design increase recruitment to the Tromsø Study? Stig Brøndbo, Senior advisor, UiT the Arctic University of Norway, Norway |
| 10.40-11.10 | Discussion & stretch of legs |
| Part 2 | Recruitment and engagement of patients in health research |
| 11.10-11.20 | The James Lind Alliance model for user involvement – does it work in Norway? Anna Fryxelius, Chief Advisor, The Norwegian Rheumatism Association |
| 11.20-11.30 | National patient participation within Biobank Sweden Marija Armus, National Project Leader for Patient Involvement Project, Biobank Sweden |
| 11.30-11.40 | EUPATI Norway – Increased patient participation through tailored education Everline Konyo Mjømen, Patient representative and member of the Immigrant Council of Western Norway, European Patient’s Academy (EUPATI), Norway |
| 11.40-12.00 | Discussion & wrap-up |