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NRS GH GRANT RECEIVER REPORT :

**2018 BRITISH PSYCHOLOGICAL SOCIETY DIVISION OF OCCUPATIONAL
PSYCHOLOGY ANNUAL CONFERENCE, 10-12 JANUARY, 2018, STRATFORD-
UPON-AVON, UNITED KINGDOM**

In December, 2017, I applied for and received NRS GH International Training Grant to participate in the 2018 British Psychological Society, Division of Occupational Psychology annual conference. The conference was held from 10-12th January 2018 at the Crowne Plaza Hotel in Stratford-Upon Avon, United Kingdom.

It was held under the theme: “Evolution and/or Revolution: Changing with the Times” and aimed to bring occupational psychologists around the world together to discuss current practice and research trends in the world of work and health at work.

I got attracted to the conference when my supervisor mentioned it because my project is about exploring employee health and work experiences in a context of difficulty. It was a great opportunity to update myself on new trends of research and also meet experienced researchers in the field of occupational psychology and occupational health and possibly build networks for my future career.

My abstract got accepted for a poster presentation and I must admit that I became nervous right from the point I received the acceptance notification for good reasons: it would be my first time attending such a huge international conference; I would be presenting a research poster (something I had never done before), and it would be a conference where world-renowned personalities in occupational psychology would be watching and listening to me talk about my research! It was as exciting as it was scary.

With funding from NRS GH, I made it to the conference, presented my poster and even chaired a session on “Career expectations of PhD graduates in the social sciences”. Then came the biggest surprise: my poster won TWO PRIZES at the final awards gala!!!

My poster, presenting my second published paper entitled: “Caring for ‘parentless’ children: An exploration of work stressors and resources as experienced by care workers in children’s homes in Ghana”, received the **Runner-Up Poster Prize** and then won the overall **Delegates’ Choice Poster Prize for 2018!!**

Indeed it is the most exciting conference I have attended and I would recommend it to anyone working around health in the work place as part of global health. I have gained research ideas, and built significant networks that will be hugely beneficial to me as I work on my final thesis.

THANK YOU NRS GH!

Ernest Darkwah (PhD Candidate)
Department of Health Promotion and Development
University of Bergen, Norway.
Ernest.darkwah@uib.no



Ernest Darkwah (1st from left).

